



## SENIOR ADVISORY BOARD

Monday, May 17th, 2010

City Hall Conference Room  
4000 Main Street  
Rowlett, TX

---

Present: Bobbie Jo Kelly, Susan Turek, Clarence James, Jerome Grossie, Mavis Graham, Fred Cares  
Guests: Larry Beckham, Gaylyn Beckham, Marvin Overstreet  
Staff: Jermel Stevenson, Parks and Recreation Director, Michael Carmack, Parks Division Manager, Blake Holder, Recreation Coordinator, Sebrena Smith, Senior Administrative Assistant

---

1. The Chair called the meeting to order at 10:09 a.m.
2. A quorum was present.
3. Minutes from January, February, March, and April of 2010 were unanimously approved following a motion by Fred Cares and seconded by Susan Turek.
4. Discuss of Senior Health Fair Expo was lead by Bobbie Jo.
  - a. What can we do differently next year?
    - i. Take pictures of all vendors and booths before the start of the Health Fair.
    - ii. Booths that give exams move to the corners where the long lines do not obstruct other booths and the flow of the crowd.
    - iii. Consider making the time one hour shorter and the start time later in the morning to avoid the traffic jam at the high school. Suggestions are 10:00 am start time and 1:00 pm end time.
    - iv. Vendors will have from 8:00 a.m. until 9:30 for set-up.
    - v. Jermel suggests no major changes to the Health Fair for first few years.
  - b. Volunteer hours-Bobbie Jo asked if everyone to tally their hours and turn them in to her for the Health Fair.
  - c. Senior Health Fair budget discussions resulted with the Board asking for a more detailed up-to-date monthly budget. Show more detailed line items.
5. Discussions about the Senior Budget resulted with the Board asking for line item details on the up-to-date monthly budget update.
6. Fall computer classes discussion being held this week. There needs to be two sessions because of the long list.
  - a. We are in need of volunteers to teach fall computer classes. If you know of anyone willing to donate their time please call Bobbie Jo or Susan Turek.
  - b. Fall schedule for computer classes will be posted in Lakeside Leisure in the fall edition.
  - c. Classes will be held in August and September.

7. Discussion led by Bobbie Jo on Creative Writing classes.
  - a. 14 have signed up so far.
  - b. Open to all adults.
  - c. 2<sup>nd</sup> Wednesday of June is the start and will go for 4 weeks.
8. The update on the Senior Housing at Miller Rd near Rowlett Rd. was led by Bobbie Jo. Presentation was given by Charles Holcomb, Developer, last Thursday.
  - a. They would like to have 2 buildings with 116 units total, no parking garages.
  - b. Restricted to 55 and over and income restricted.
  - c. There will be transportation to take to medical facilities, shopping, and dart.
9. Review of the 2009-2010 goals.
  - a. Other boards didn't have much interest in meeting with this board.
  - b. Discussed contacting Attorney that helps fill out basic forms that would be willing to donate their time.
  - c. Discussion about help with simple forms and advisors to help with reading over drug programs and advising on the best choices.
  - d. Suggestion was made for a blood pressure monitor in the RCC.
  - e. Discussion about expanding educational classes for seniors. Would anyone take a Genealogy workshop? There have been similar ones at the library.
  - f. Advice was received to stay away from helping with number 6 on board goals.
  - g. Discussed keeping the city updated on the Senior housing and transportation needs.
  - h. RCC will continue to be more user friendly for the Seniors.
  - i. Discussed Proposal to the City on a multipurpose use building.
10. Work session with City Council coming up and we are showing the Rowlett Seniors website. Presentation will be shown to Council to update them on what the Senior Advisory Board has accomplished in the past year and discuss our future goals.
11. Public Announcement. Members of the Board and/or staff may make announcements of local civic events. No member of the board or commission may discuss nor take any action with regard to the announcements.
12. Members of the board may request topics for future agenda meetings. No member of the board or commission may discuss any of the requested subjects until such matter has been properly placed on a posted agenda.
13. Jerome made a motion to adjourn that was seconded by Bobbie Jo. The vote was unanimous to adjourn at 10:25 a.m.

  
Bobbie Jo Kelly, Chair

  
Jermel Stevenson, Parks and Recreation Director