



SENIOR ADVISORY BOARD MINUTES

Monday, November 15th, 2010

City Hall Conference Room
4000 Main Street
Rowlett, TX

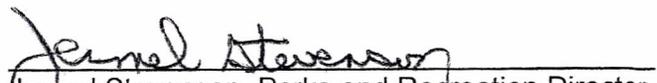
Present: Bobbie Jo Kelly, Jerome Grossie, Fred Cares, Lloyd Copeland, Robert Camack
Absent: Sue Watkins, Mavis Graham, Bonnie Patterson
Staff: Jermel Stevenson, Parks and Recreation Director, Sebrena Smith, Senior Administrative Assistant, Keshia Randle, Recreation Division Manager

1. The Chair called the meeting to order at 10:01 a.m.
2. A quorum was present.
3. Jerry Grossie made motion to approve the October 18th, 2010 minutes. Fred seconded motion, with 4-0 in favor.
4. Discussions led by Bobbie Jo concerning senior computer classes.
 - a. 21 people signed up and there will be a 2 to 1 teaching ratio.
 - b. They are teaching Google and G-mail.
 - c. We have had a lot of positive feedback.
 - d. Schedule is January 25th, 26th, and 27th, basic Word. Please remember we do not have classes during the holidays.
5. Dates for Spring classes are February 22nd, 23rd, and 24th.
6. Senior Health Fair date is set for April 5th at 10:00 am until 1:00 pm.
 - a. Susan Turek is on the committee along with the Beckhams.
 - b. Please remember, everyone on the Board is also responsible to help volunteer.
7. Bobbie Jo led discussions concerning review of goals for 2010-2011.
 - a. Bobbie Jo stated that she would contact an attorney in Rockwall to see if she can find some volunteers to speak on Update Your Will.
 - b. SMU has a free legal clinic, and we should check to see if Dallas County and Rockwall County has free legal clinics.
 - c. CERT does not have anyone certified to teach CPR/First Aid training.
 - d. Fred and Jerome suggested that we should have short classes at the health fair that is just instructional in nature. Short enough so people can attend just to learn the basic skill to save a life.
 - e. Jermel suggested to the board to invite someone from fire & rescue to ask questions about having a shorter version of the CPR class so it can be presented at the Health Fair.


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- f. Communication Avenues for Seniors will be led by Gaylynn and Larry Beckham.
 - g. Senior Friendly awards will be led by Jerry and Fred. This is an on-going goal.
 - h. Bobbie Jo will help with Genealogy, Computer, and Creative Writing classes.
8. Senior Budget report presented by Keshia Randle for the last month in the fiscal year of 2009-2010.
- a. Keshia shared with the Board the need to start to purchase the donuts each week for the Coffee & Donuts day held each week at the centre. The business that supplies us with these for free is hurting financially.
9. Jermel shared with the Board the Director's Report.
- a. The recreation staff at the RCC coordinated the monthly senior potluck lunch on Thursday, October 14th. The main dish was well received by all in attendance. After lunch, Dr. Denise Johnson of Lake Pointe Medical presented information to the seniors on various health and medical topics including diabetes, high cholesterol, and sleeping disorders. The seniors were very pleased with Dr. Johnson's presentation.
 - b. AARP Driver Safety Course for seniors was held at the RCC on Wednesday, October 22nd. Several of the participants stated that they really enjoyed the class and were thankful the class was offered. Jermel suggested that the class be offered once per year instead of two times per year.
 - c. Jermel shared with the Board reminders about upcoming events happening in November and December.
10. Public Announcement. Members of the Board and/or staff may make announcements of local civic events. No member of the board or commission may discuss nor take any action with regard to the announcements.
- a. Wedgewood playground build will be on December 4th. This park will soon be named Kenwood Heights Park. Senior participants will help with registration and will pass out caps and t-shirts. It will be held from 8:00 am until 3:00 pm. Please come out to help with this project.
 - b. On December 3rd from 9-12 pm, the Dallas County Council on Aging will have a presentation on the changes to Medicare.
11. Members of the board may request topics for future agenda meetings. No member of the board or commission may discuss any of the requested subjects until such matter has been properly placed on a posted agenda.
12. Lloyd Copeland made a motion to adjourn that was seconded by Fred Cares. The vote was unanimous to adjourn at 10:55 a.m.


Bobbie Jo Kelly, Chair


Jermel Stevenson, Parks and Recreation Director