



MINUTES

SENIOR ADVISORY BOARD
Monday, December 15, 2008, 10:00 a.m.

City Hall Conference Room
*4000 Main Street * Rowlett, Texas 75088*

Present: Bobbie Jo Kelly, Bobby Wright, Bob Landrum, Clarence James, Fred Cares, Janet Loper, Stan Grubaugh

Absent: Ceaser Hancock (Excused); Ruth James (Excused)

Guests: Larry & Gaylyn Beckham, Marvin Overstreet, Lloyd Copeland, Susan Turek, Shegala Smith, Ken & B.J. Middaugh

Staff: Heath Olinger, Recreation Manager; Jennifer Gomez, Parks and Special Projects Manager

1. The meeting was called to order at 10:00 a.m. by Bobbie Jo Kelly.
2. A quorum was present.
3. The minutes from the November 17, 2008 meeting were approved following a motion by Bobby Wright and a second by Stan Grubaugh to accept the minutes as presented.
4. A discussion of how agenda items are prepared and interpreted was initiated by Stan Grubaugh. He requested the members of the Senior Advisory Board see the agenda before it is posted. Bobbie Jo attempts to add all items requested by board members. Stan requested notification between Wednesday and Thursday of the week the agenda is to be submitted for posting.
5. Shegala Smith of the Visiting Nurses Association gave a presentation on Meals on Wheels. They provide some 4500 home deliveries to Dallas County seniors and 2000 meals to senior centers. The City can contract with VNA to provide a minimum of 25 senior meals to the Community Centre. They can be delivered by 11:30 am and picked up after 12:30 pm. Deliveries can be 2-5 days per week consisting of an entrée, vegetables, bread and milk. On the 2nd Wednesday of each month, ice cream and cake will be provided. You can make changes to the number of meals, but you must feed people on the list. Volunteers are needed to handout meals and clean up. It is very important that accurate numbers are turned in, and the city will be billed on a monthly basis. Janet Loper will contact the Dallas Area Agency on Aging.

6. The subcommittee appointed to formulate a list of requirements for a senior center facility in Rowlett was dissolved following a motion by Stan Grubaugh that was seconded by Janet Loper. The vote was unanimous.
7. Bobbie Jo Kelly made a motion to appoint a subcommittee to research potential grants and grant writers that specifically apply to senior centers and have Janet Loper serve as Senior Advisory Board Liaison. Appointees to this subcommittee are:
 - a. Susan Turek
 - b. Jeff Shelton
 - c. Lloyd Copeland

The motion was seconded by Stan Grubaugh and passed unanimously.

8. A discussion of the "history" of the name "Rowlett Rockers" was held. Janet Loper felt the name "Rockers" does not sound active nor does it set a level of respect for seniors. Stan made a motion to have the item tabled, but there was no second to his motion. Janet stated the way the name is perceived could be a problem for seniors. Susan Turek suggested the name goes both ways. B. J. Middaugh suggested the "Rockers" need a logo. Fred Cares stated that regardless of the history of the group, perception is still important. No decision was made on this item.
9. Goal Facilitation was discussed. Katie Corder stated the ground rules should be respect, participation and one speaker at a time. There should be three to five goals for next calendar year. Board members gave their input.

2008-2009

Senior Advisory Board Goals

- a. Design Plans for a Senior Center
 - b. Communication with Senior Population
 - i. Senior Social Programs
 - ii. Use Neighborhoods
 - iii. Marketing
 - iv. Lifeline Program
 - c. Dedicated Space for Seniors
 - d. Funding Opportunities for Senior Center
 - e. Senior Programming
 - f. Meals on Wheels
 - g. Senior Awareness in City Decision Making
 - i. Seniors on Boards and Commissions
10. No board members volunteered to attend the next City Council meeting and report back to the Board at the January Senior Advisory Board meeting.

11. Public Announcement. Members of the Board and/or staff may make announcements of local civic events. No member of the board or commission may discuss nor taken any action with regard to the announcements.

Bob Landrum announced the following computer classes at the Library for seniors

FREE COMPUTER CLASSES FOR SENIORS AT THE LIBRARY

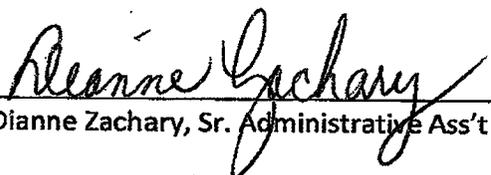
March 4 th , 2009	Basic Computer Skills
March 11 th & 12 th , 2009	Email using Yahoo and/or Gmail
March 25 th & 26 th , 2009	Bill paying on line, ordering medicine on line, browsing, making travel plans on line, shopping on line, looking up information on line, and more.
April 15 th & 16 th , 2009	Beginning Microsoft Word
April 22 nd & 23 rd , 2009	Intermediate Word
May 6 th , & 7 th , 2009	Beginning Microsoft Excel (spread sheets)

All classes are at 8:30 A.M. to 10 A.M. The library is opening the lab only for us before the library officially opens. Must have a Rowlett library card to attend class. Library cards are available at the checkout desk, free. Please get your library card before the day of the class. Call the library to register 972-412-6161. Library computers have Windows XP and Microsoft year 2003 software.

Also Kathy Cockcroft, new library manager, has a tutor available in the afternoon to help seniors only, one on one with computer skills, problems, etc. starting now. Free, of course!

12. No future agenda items were suggested.
13. A motion was made by Janet Loper to adjourn and was seconded by Bobbie Jo Kelly. The vote was unanimous to adjourn.


Bobbie Jo Kelly, Chair


Dianne Zachary, Sr. Administrative Ass't